



3 LIFE KEYS TO IMMUNITY WELLNESS

Rethink Remedy

by Jason Bankston



FIRST, ITS AN HONOR TO MEET YOU!

MY NAME IS JASON BANKSTON

**AUTHOR, HOLISTIC EDUCATOR, AND SPEAKER WITH
OVER 13 YEARS OF EXPERIENCE AS A PARAMEDIC IN
EMERGENCY CLINICAL MEDICINE**

I am excited to join you on this part of your health journey and look forward to the life changing outcomes ahead.

Now I know what you may be thinking, what miracle health advice can I offer you that you haven't already heard, tried, or witnessed fail for others many times before?

The truth is I dont have a "New" product or the latest trending technique, supplement or philosophy. I simply have 13 years of experience in helping people reverse, repair and remedy a myriad of chronic illnesses. All backed by proven scientific methodolgies, rooted in education, application, and assessment.



by Jason Bankston



-Alexis

“My doctor prescribed a stimulant drug after I told him I was always tired and couldn’t focus at work in the middle of the day...Instead I began drinking Moringa Tea and green smoothies and now have I enough energy to keep up with my seven year old...lol”

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WHAT HAPPENED TO OUR IMMUNE SYSTEMS

The simple answer is poor eating habits, lack of specific exercises, and toxic lifestyle. However, an astute look at what our immune system really is and what its responsible for, reveals some unpopular truths not readily admitted by the current medical industry.





SYMPTOM WATCH

- **Unexplained fatigue**
- **Consistant “foggy brain”**
- **Bloating, gas, irritable bowels, constipation**
- **Chronic cold & flu (delayed healing)**
- **Erectile Dysfunction**
- **Mood swings**
- **Alcoholism**

These are but a few common symptoms and signs to look for that have been scientifically linked to a compromised Immune System and chronic disease, due to dysfunctional gut health.





Vitamins and minerals are extracted from your food into the small and large intestines and arm your "gut" military with vital nutrition. When refined, processed foods remain undigested they become putrid, producing parasites and worms that eat at the mucosal lining and vili expressions.

This disrupts absorbtion of key nutrients causing nutrient deficiency and impede protection, repair, and elimination of foreign and domestic bacteria and viruses that cause chronic disease and organ failure.

**YOUR
IMMUNE
SYSTEM IS
YOUR
GUTS
ARMY,
NAVY,
AIRFORCE,
& MARINES**

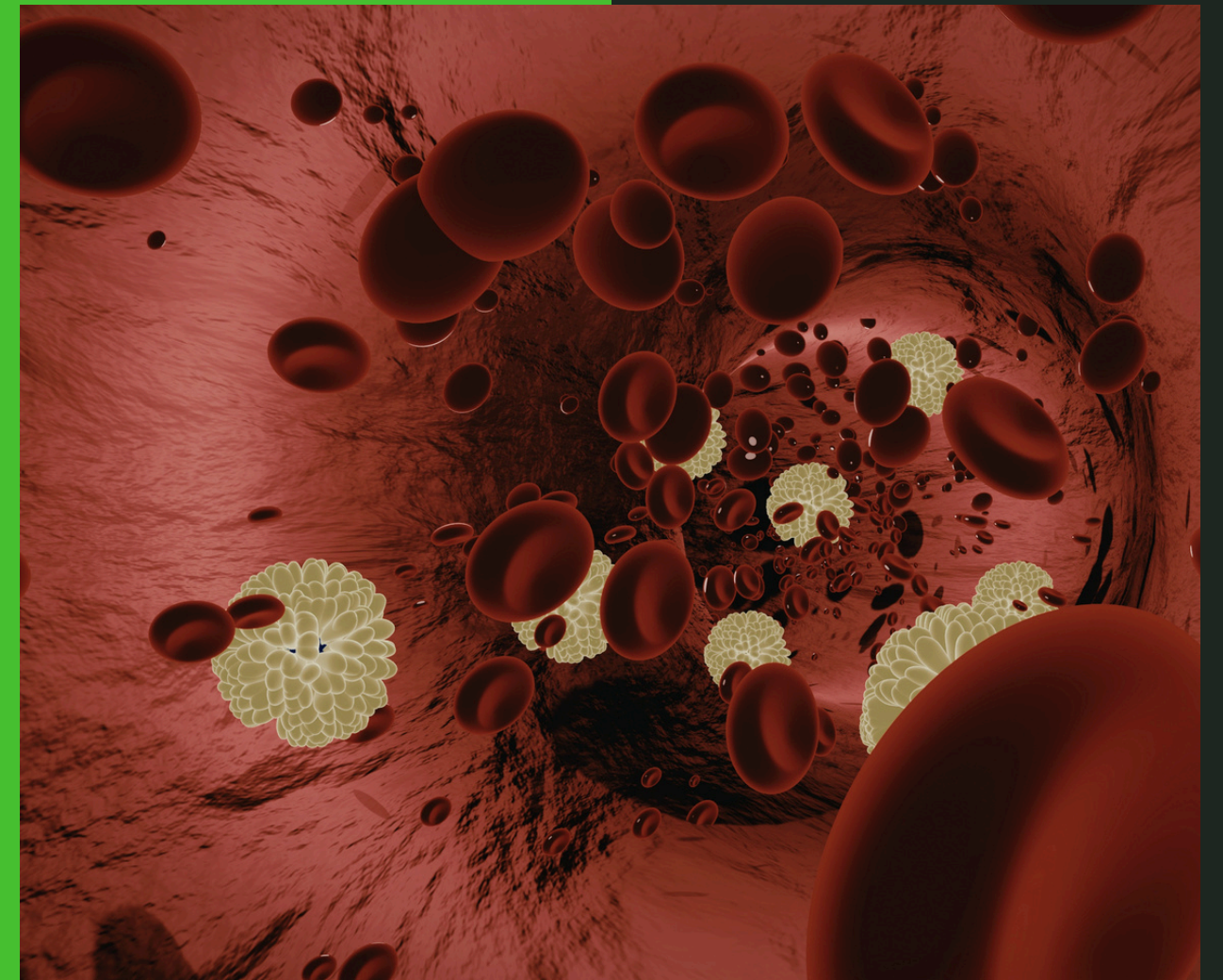
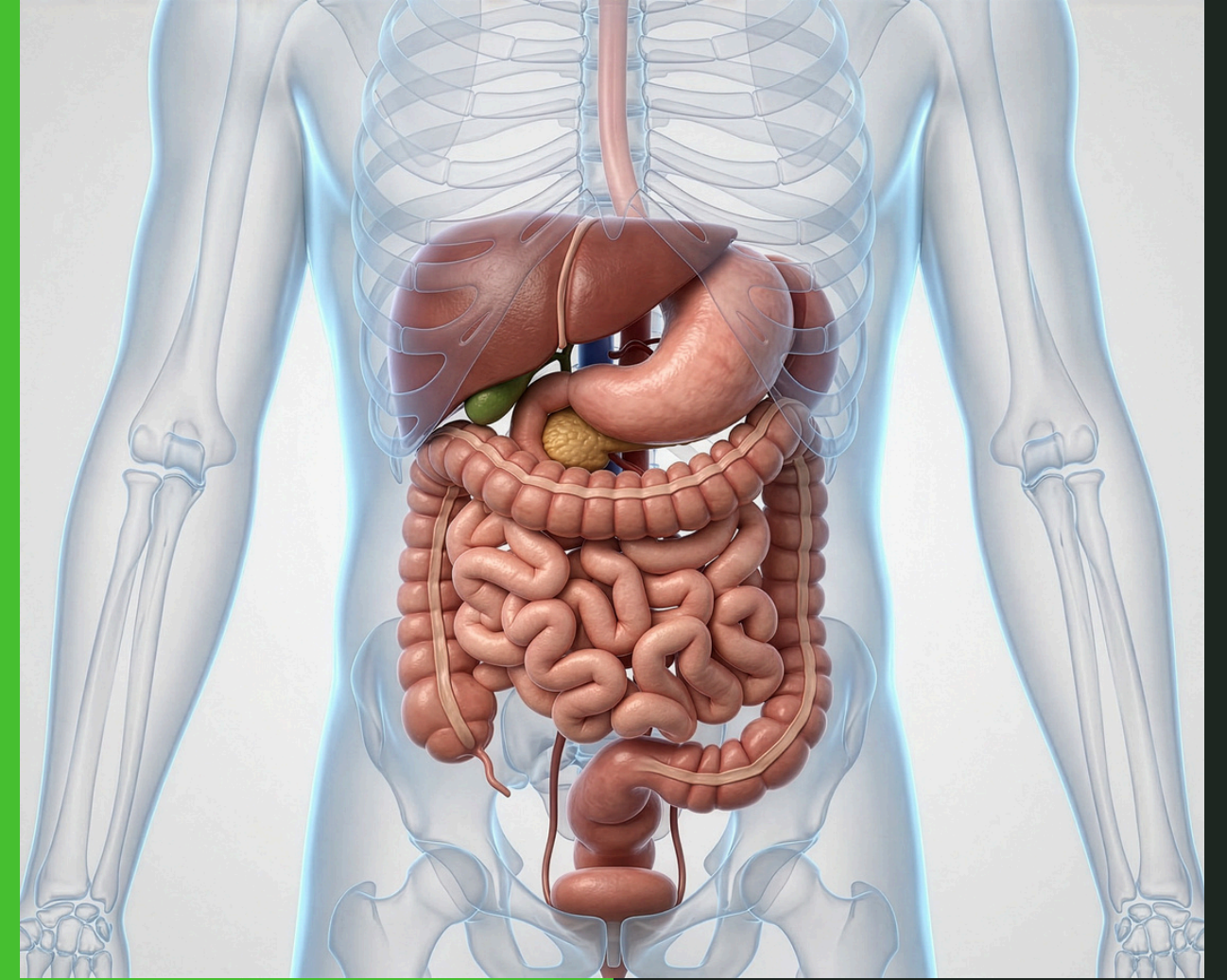


WORMS AND PARASITES

CAN CAUSE:

- LEAKY GUT
- CROHN'S DISEASE
- COLITIS
- IBS
- ULCERS
- CANCER
- GALL STONES
- VICERAL FAT
- HEART FAILURE
- ORGAN FAILURE

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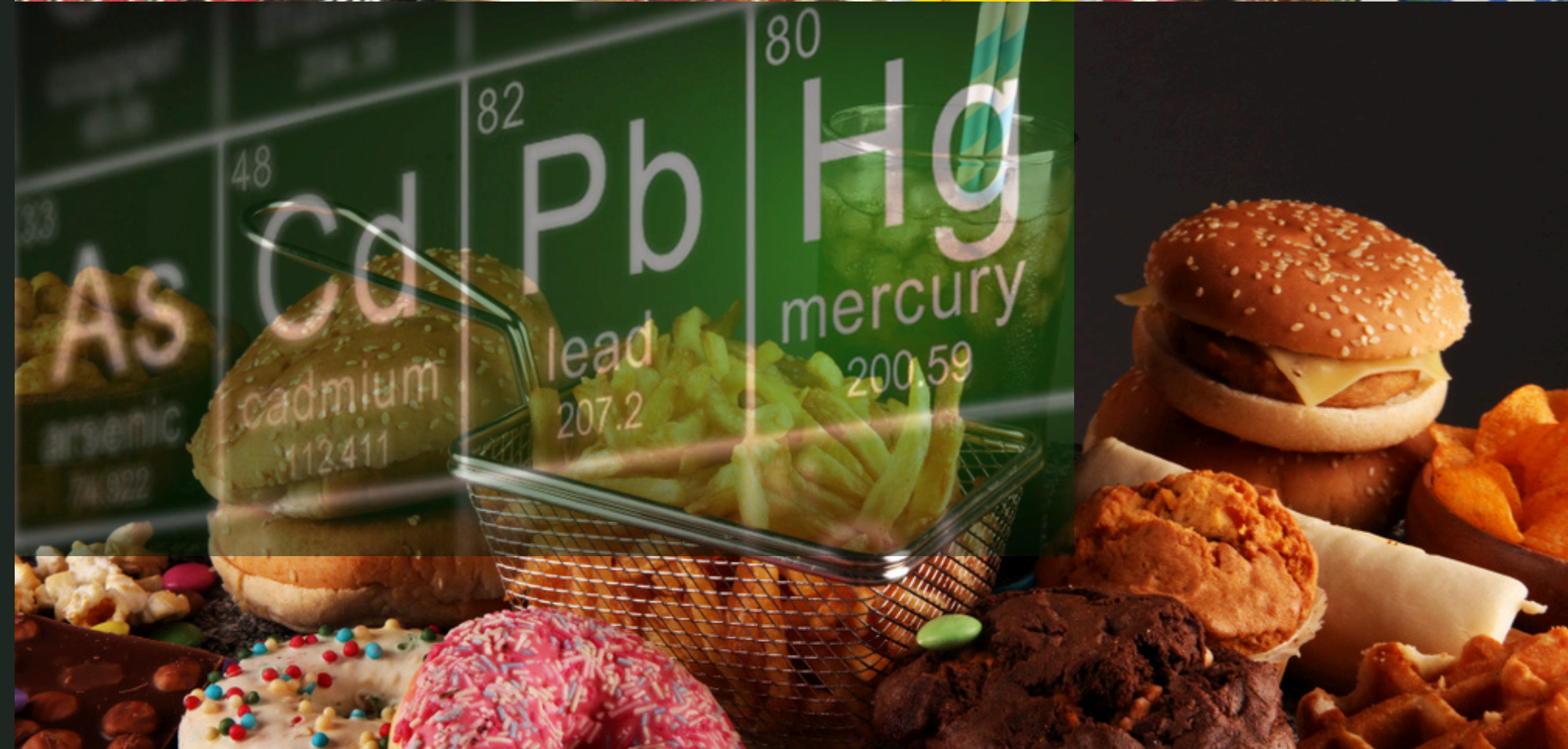
IDENTIFYING THE PROBLEM

- **UNDIAGNOSED EATING DISORDERS**
- **NEGLIGIBLE FDA LABELING**
- **NON HEALTH COMPLIANT FOOD INDUSTRY**
- **TOXIC STRESS MANAGEMENT**

Nutrient deficiency kills Immunity

The food industry uses addictive and harmful ingredients (chemicals) that the FDA does not require them to label on various food products. This causes undiagnosed eating disorders due to poor coping and toxic stress management, resulting in chronic disease and a compromised Immune System.

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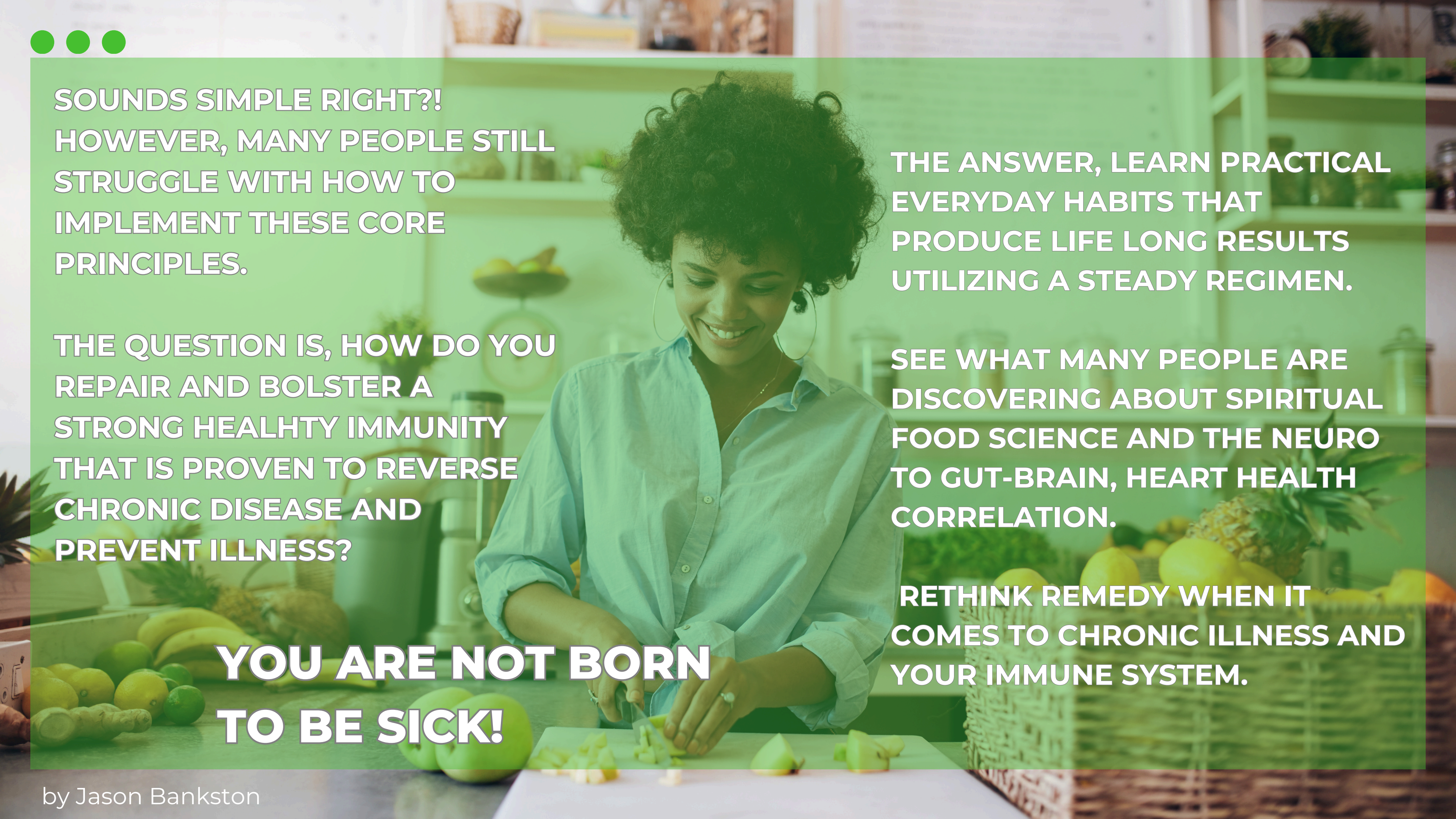
THE 3 LIFE KEYS TO HELP RECTIFY

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Reduce: *gulty pleasures (candy, sweets), spontaneous snacking, fried foods, eating after 8pm, caffiene intake.

Eliminate: most dairy, processed meats, refined processed foods, bad eating habits, inconsistant bed times, toxic stress, smoking, over consumption of alchohol.

Incorporate: a nutrition routine, meal planning, wider variety of healthy foods, specific bitter herbs, breathing techniques, consistant exercise and stretching.



**SOUNDS SIMPLE RIGHT?!
HOWEVER, MANY PEOPLE STILL
STRUGGLE WITH HOW TO
IMPLEMENT THESE CORE
PRINCIPLES.**

**THE QUESTION IS, HOW DO YOU
REPAIR AND BOLSTER A
STRONG HEALTHY IMMUNITY
THAT IS PROVEN TO REVERSE
CHRONIC DISEASE AND
PREVENT ILLNESS?**

**YOU ARE NOT BORN
TO BE SICK!**

**THE ANSWER, LEARN PRACTICAL
EVERYDAY HABITS THAT
PRODUCE LIFE LONG RESULTS
UTILIZING A STEADY REGIMEN.**

**SEE WHAT MANY PEOPLE ARE
DISCOVERING ABOUT SPIRITUAL
FOOD SCIENCE AND THE NEURO
TO GUT-BRAIN, HEART HEALTH
CORRELATION.**

**RETHINK REMEDY WHEN IT
COMES TO CHRONIC ILLNESS AND
YOUR IMMUNE SYSTEM.**



*GIMMICK FREE
NO HACKS REQUIRED
THIS IS FOR LIFE

READY TO TAKE THE CHALLENGE TO

- **REPAIR**
- **STRENGTHEN**
- **EMPOWER**

**AND GAIN AN ENDURING, THRIVING
VERSION OF YOURSELF?**

**SCHEDULE A QUICK CALL WITH ME TODAY AND LEARN HOW YOU
CAN *HAVE A HEAL OF A TIME* AND LIVE A SUCCESSFUL LIFE VOID
OF CHRONIC DIS-EASE.**

START HERE

